

# Speed Skating Schedule

*Howe Arena*

- ❖ All speed skaters eat lunch at 11:00 a.m. on Wednesday and Thursday
- ❖ All athletes will participate in preliminary rounds on Wednesday
- ❖ Speed Skaters may wear Hockey or Speed Skates
- ❖ All athletes must wear knee pads, protective gloves, shin guards, a cut resistant throat protector, and a safety helmet
- ❖ **Uniform rule will be enforced**

## TUESDAY

7:00 p.m. Coaches Meeting – GTRS Michigan Ballrooms C/D

## WEDNESDAY

11:00 a.m.	Speed Skaters Lunch at GTRS	
12:15 p.m.	Speed Skating Bus Leaves GTRS	
1:15 p.m.	Speed Skating 300M Time Trial	All Ages
1:30 p.m.	Speed Skating 800M Time Trial	All Ages
1:45 p.m.	Speed Skating 100 M Time Trial	All Ages
2:15 p.m.	Speed Skating 500 M Time Trial	All Ages
3:00 p.m.	Speed Skating Bus Returns to GTRS	

## THURSDAY

11:00 a.m.	Speed Skaters Lunch at GTRS	
12:15 p.m.	Speed Skating Bus Leaves GTRS	
1:15 p.m.	300M Speed Skating Finals	All Ages
1:30 p.m.	800M Speed Skating Finals	All Ages
2:15 p.m.	100M Speed Skating Finals	All Ages
2:45 p.m.	500M Speed Skating Finals	All Ages
3:00 p.m.	Speed Skating Bus Returns to GTRSF	